**Creative Approaches to Movement in the Orff Classroom**

**New to Orff Movement Lesson**

**Virginia Mini-Conference**

**August 8, 2015**

**Hosted by James River Virginia Orff Chapter**

**Presenter: Victoria Redfearn Cave**

[**www.orffteacher.com**](http://www.orffteacher.com)

**Saturday Workshop**

**March 22, 2014**

**Central Carolina Chapter**

**Victoria Redfearn Cave**

[**www.orffteacher.org**](http://www.orffteacher.org)

**“I Let Her Go, Go,” Singing Game from *Down in the Valley* Collected by the Amidons**

Singing Games: If you are in doubt of how to add movement to your

classroom, begin with singing and movement games. You cannot go

wrong with play parties and games, over and over again.

**Shape Museum**

Theater Games: These can often be safe entry points for older children

and movement. See Viola Spolin’s book *Theater Games for the Classroom*

as a reference.

**Gesture-Non-locomotor**

What is in a name?: In a large group, come up with a gesture for your own

name, another, another? Decide on which one you enjoy. Share it with a

friend. They introduce you with that gesture. Choose a gesture that you

liked.

**Locomotor Movements**

Using movement accompaniment, create an environment for movement.

Feel pulse to create your own beat. Begin to agree on a beat.

How can you travel?

Change direction.

Change speed.

Add gesture.

Add stillness.

Connect with someone else.

**Forms for Movement: Echo and Question and Answer**

Echo: How can you move in a way that makes it easy for someone to echo

your movements? What if you get tired, what are some different ideas,

ways to move?

Question and Answer: What are the qualities of a question and what are

the qualities of an answer? Could you add vocal movement accompaniment

to add to your movement improvisation?

**Books or Poems for Movement/Orff Work**

Questions for consideration?

What makes a book easier or harder for movement work?

What if the book has lots of talking/text?

What are movement words/verbs? Why can water and flying be difficult?

Space, time and energy, the elements of dance can help to qualify these movement words.

Animals, what does Anne Green Gilbert say about animal imagery?