**Creative Approaches to Movement in the Orff Classroom**

**Singing and Movement Games for Early Childhood**

**Early Childhood Performing Arts Conference**

**August 19-20, 2017**

**Hosted by Victorian Orff Schulwerk Association, VOCA**

**Presenter: Victoria Redfearn Cave**

**\*\*See website for electronic notes and song recordings\*\***

[**www.orffteacher.com**](http://www.orffteacher.com)

**Saturday Workshop**

**March 22, 2014**

**Central Carolina Chapter**

**Victoria Redfearn Cave**

[**www.orffteacher.org**](http://www.orffteacher.org)

Children, who play life, discern its true law and relations more clearly than men.

Henry David Thoreau

**Songs On the Move! Scattered in General Space.**

Magic Forest: from I’m Growing Up, New England Dancing Masters

The Tree Song: from Rise Sally Rise, New England Dancing Masters

On the Bridge: from Sur Le Pont d’Avignon from the volumes Music for Children by Carl Orff and Gunild Keetman

“On the bridge in Australia, we are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, we are \_\_\_\_\_\_\_\_\_\_\_\_,

On the bridge in Australia, we are \_\_\_\_\_\_\_\_\_\_\_\_\_\_, then we stop!”

Wee Willie Winkie: Traditional nursery rhyme, found in Vol. 1 of Music for Children by Carl Orff and Gunild Keetman

“Wee willie winkie runs through the town, upstairs, downstairs, in his nightgown,

tapping at the window, crying through the locks, are the children in their beds,

for it’s 8:00.

1, 2, 3, 4, 5, 6, 7, 8, sleep

Game: Make a town with your bodies. Someone gets to be Wee Willie Winkie and go through the town until everyone falls asleep.

**Poems from your place and space.**

I Have Ten Little Fingers: Traditional rhyme, found in I’m Growing Up, New England Dancing Masters

“I have ten little fingers, they all belong to me,

I can make them do wonderful things, would you like to see? Yes please!

I can make them shut tight, I can open them wide,

I can put them all together and I can make them hide,

I can make them jump high, I can make them jump low,

I can fold them quietly and put them all just so.”

Chip Chop: Traditional rhyme, found in I’m Growing Up, New England Dancing Masters

“Chip chop, chip chop,

Gathering wood for winter’s cold.

Chip chop, chip chop,

Better than silver, better than gold,

Chip chop, chip chop,

Put it on the fire so bright,

Chip chop, chip chop,

We’ll be snug in our houses tonight.”

Pease Porridge Hot: from Mother Goose Nursery Rhymes

Pease porridge hot, (clap)

Pease porridge cold, (clap)

Pease porridge in the pot,

Nine days old. (clap)

Some like it hot, (clap)

Some like it cold, (clap)

Some like it in the pot nine days old.” (clap)

\*\*It is fun to take poems and say them only with inner hearing. Children can still clap,

but otherwise the rhyme is silent.\*\*

Hickory, Dickory Dock: from Mother Goose Nursery Rhymes

“Hickory, dickory dock (with hands wiggling in front like mouse feet)

The mouse ran up the clock (hands go up above head)

The clock struck one (clap with hands overhead)

The mouse ran down (tickle body as hands come down)

Hickory, dickory dock.

The clock struck two (two claps)

The mouse said “ooooo” (high “oo” voice)

The clock struck three (three claps)

The mouse said “wheee” (high “ee” voice)

The clock struck four (four claps)

The mouse said, “no more” (sad voice).

\*\*taught to me by Krista Weih in my daughter’s parent and me class ten years ago.

Bubblegum, Bubblegum: taught to me by Krista Weih in my daughter’s parent and me class ten years ago.

“Bubblegum, bubblegum in a dish,

How many blows do my dancers wish?

(child guesses number)

(blow up hands while counting and then…..Pop!)

Gregory Griggs: Traditional rhyme, found in Wibbleton to Wobbleton by James Harding

“Gregory Griggs, Gregory Griggs,

Had 27 different wigs!

He wore them up,

He wore them down,

He wore them all around the town,

He wore them east,

He wore them west,

He couldn’t decide what he liked best!”

The Flea Poem: from Celebrate the Winter: Winter Solstice Celebrations for Schools and Communities by John Langstaff, George Emilen and Patrick Swanson; published by the Revels, Inc.

If I were not a fisherman: from Celebrate the Winter: Winter Solstice Celebrations for Schools and Communities by John Langstaff, George Emilen and Patrick Swanson; published by the Revels, Inc.

**Circle Games**

Washing Machine: taught to me by Krista Weih in my daughter’s parent and me class ten years ago.

“I wash and wash in the washing machine, I wash and wash ‘til we all get clean!”

\*\*turn back and forth and then fully turn on “all get clean.”

“I dry and dry in the drying machine, I dry and dry ‘til we all get clean!”

Down in the Valley: Traditional African-American play party, found in Rise Sally Rise, New England Dancing Masters

“Down in the valley two by two, my baby two by two, my baby two by two,

Down in the valley two by two, now rise Sally rise.

Let me see you make a motion two by two, my baby two by two, my baby two by two,

Let me see you make a motion two by two, now rise Sally rise.

Let me see you make another one two by two, my baby two by two, my baby two by two,

Let me see you make another one two by two, now rise Sally rise.

Now choose somebody two by two, my baby two by two, my baby two by two,

Now choose somebody two by two, now rise Sally rise.”

Green Sally-Up: Traditional African-American play party, found in Rise Sally Rise, New England Dancing Masters

“Green Sally up, green Sally down, green Sally jumped all over the town.

I asked my momma for 50 cents, to see an elephant jump over the fence.

She jumped so high that she touched the sky, and didn’t come back ‘til the fourth of July

singing…………. (improvise pattern)

singing…………..(improvise pattern)

Johnny Brown: Traditional African-American play party, found in Jump Jim Joe, New England Dancing Masters. The version I know is from Step it Down by Bessie Jones.

“Little Johnny Brown, lay your comfort down,

Little Johnny Brown, lay your comfort down,

Fold one corner, Johnny Brown,

Fold another corner, Johnny Brown,

Take it to a friend, Johnny Brown,

Squawk like a buzzard, Johnny Brown.”

\*\*Use a cloth to fold a corner, then another, then take it to a friend.

Old King Glory: Traditional game, found in Jump Jim Joe, New England Dancing Masters.

“Old King Glory of the mountain,

the mountain was so high,

It nearly reached the sky,

The first one, the second one, the third follow me!”

\*\*The advanced version of this game is to create a huge line with various pathways, not just a duck, duck goose version.\*\*

**Ponies, Pies and Butterflys…….**

See the Pony Galloping: from First Steps in Music by John M. Feirerabend

Bell Horses: Mother Goose, found in American Edition of Music for Children

“Bell horses, bell horses, what’s the time of day?

One o’clock, two o’clock, time to eat your hay,

Eat your hay, eat your hay.”

\*\*Make an obstacle course for horse jumping and galloping.

La Mariposa: from Blue is the Sea by Sofia Lopez-Ibor

Meet me Down: Taught to me by my daughter, Bella Grace Cave, composer

“Meet you down at the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (great big house, choose other place)

the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Meet you down at the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

To bake some \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(type of pie) pie.”